

ADULT MENTAL HEALTH

**THE POTENTIAL FOR
PARTNERSHIP APPROACHES**

Need for Partnership Approaches

- **Challenges in the NSF cannot be achieved in isolation**
- **Medicines and therapy can improve mental health**
- **For many fulfilment, participation and contribution to society will require more**
- **Partnerships are needed to maximise resources, expertise and impact**
- **LLSP can help to facilitate this**

Partnership Approaches

Areas that require Partnership include:

- **Mental Health Promotion**
- **Race Equality**
- **Suicide Prevention**
- **Social Inclusion**
- **Recovery**

Partnership Approaches

All have cross cutting themes that relate directly to the LLSP' first 4 Guiding Principles: -

✓ Partnership

✓ Equality

✓ Quality of Life

✓ Community Involvement and Participation

Context

- **At any one time 1 in 6 suffer from mental illness**
- **As common as asthma**
- **Anxiety and depression through to schizophrenia**
- **Mental illness is not well understood**
- **It can frighten people**
- **All too often it carries a stigma**

NSF - New Services

Target Numbers

- **Assertive Outreach Teams x 2** **191**
- **Crisis Resolution Teams x 2** **957**
- **Early Intervention Teams x 3** **215**
- **Carer Support Workers x 7** **1578**

NSF - New Services

Staff Numbers

- **New Primary Care Worker** 14.5
- **BEM Development Workers** 6
- **STR Workers** 56
- **Prison Inreach Workers** 12

Programme Board Arrangements

- **Local Implementation Team (LIT)– sits as Programme Board**
- **Accountable to LEG**
- **LIT sits as Advisory body making strategic and commissioning recommendations to agencies**
- **2 Strategy Teams – City and Counties**
- **Range of Sub Groups**

PSA Employment Target

Partnership work is already underway and demonstrating the benefits of working together.

Employment opportunities provided by:

- **The Workstep Programme**
- **Employment Initiatives Project, which includes:**
 - ✓ **Job Broker**
 - ✓ **Job Coaches**

Mental Health Promotion

Mental Health Promotion targets 3 areas all needing partnership work:

- **Strengthening individuals – improve self-esteem, life and coping skills, relationship and parenting skills**
- **Strengthening communities – social inclusion and participation, improving neighbourhood environments, anti-bullying strategies, workplace health, community safety, childcare and self-help networks.**
- **Reducing structural barriers to mental health - reduce discrimination and inequalities, promote access to education, employment, housing,**

Social Inclusion

Initiative from Office of Deputy Prime Minister

- **Report sets out areas for action: -**
 - ✓ **stigma and discrimination**
 - ✓ **role of health and social care**
 - ✓ **employment**
 - ✓ **supporting families and community participation**
 - ✓ **getting the basics right**
 - ✓ **making it happen**

Moving to Inclusion

Stigma

Discrimination

**Clear
Responsibility**

**Community
Engagement**

Support

Leisure

Inclusion

Housing

Employment

Income

Education

Day Services

Transport

Support from the LSP

- ✓ **When planning for Leicestershire**
- ✓ **Encourage agencies to include in service objectives**
- ✓ **Stimulate more social housing with support**
- ✓ **Encourage better transport particularly in rural areas**
- ✓ **Promote availability of meaningful inclusive activities e.g. education, leisure etc.**
- ✓ **Stimulate employment opportunities**
- ✓ **Include when working towards inclusive and safer communities**

The Rewards

- **Prevention through Mental Health Promotion**
- **Recovery and Citizenship through Social Inclusion**
- **Safe supportive provision through services rooted in the communities of Leicestershire**